

CALIFORNIA

# Physical Education-Health PROJECT



The **California Physical Education-Health Project (CPE-HP)** equips teachers of physical education and health education with advanced content knowledge, effective teaching practices and the dispositions and skills for teacher leadership. Each of CPE-HP's professional learning programs enhances teachers' capacity to deliver high-quality, standards-based instruction focused on learning.

CPE-HP is dedicated to the students of California and the teachers and school leaders who influence their learning in physical education and health education. The following goals are at the core of each CPE-HP program:

- Strengthening instruction in physical education and health education for all students in California
- Supporting teachers in using the California Content Standards for Physical Education and Health Education and the frameworks for those disciplines
- Using learners' reading, writing, speaking and listening skills as assets for learning physical education and health education content

*"Given the vital work of educating 'the whole child,' this is the moment to recognize the contributions of physical education and health education to student success."*

CPE-HP EXECUTIVE DIRECTOR

## LEADERSHIP

Cultivating leadership capacity is at the center of CPE-HP programs.

- Regional sites prioritize and support teacher leadership in each of their programs.
- Project leaders exemplify the idea that physical education and health education positively contribute to students' well-being and success.
- All CPE-HP leaders are proficient in the latest standards-based instructional design, with a special emphasis on creating assessment tools to effectively support student learning and literacy.

CPE-HP's many professional learning offerings provide ongoing support for leaders as they address state and local priorities.

## STATEWIDE WORK

CPE-HP is the leader in supporting teachers and school leaders to provide every student with high-quality learning experiences. With state standards as the foundation, CPE-HP equips teachers to consider learning first, to link learning to teaching and leadership and to take effective action in the classroom.

CPE-HP is responsive to the needs of California's education community and partners with schools and districts by connecting subject matter with state priorities, building and supporting educational leadership, and advancing pedagogical practices for all teachers.

## OFFERINGS

CPE-HP offers a wide array of programs and resources:

- Professional learning programs for school leaders which link their instructional leadership skills with physical education and health education
- Regional professional communities
- Collaborative programs with schools and districts focused on meeting local needs
- Technical assistance for schools and districts (e.g., assess existing physical education and health education programs, create strategic plans, address issues of equity and access, and design courses of study)

**IMPACT**

CPE-HP advocates for improving access to its subject areas by:

- Maintaining a statewide professional network dedicated to strengthening teachers' content knowledge and instructional decisions
- Providing stability for regional sites by integrating them with sponsoring universities
- Supporting the development of state standards and frameworks and the tools for implementing them
- Building effective learning communities for educators, which contribute to teacher retention and stability, particularly in underserved schools
- Providing technical assistance to schools and districts as they seek to better serve their students in the academic disciplines of physical education and health education

**REGIONAL SITES**

California Physical Education-Health Project:  
Statewide Office

Bay Area Physical Education-Health Project

Long Beach Physical Education-Health Project

North State Physical Education-Health Project

**CONTACT**

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238

Number of educators served  
(2024–25)

38

Number of schools served (2024–25)

*“My association with CPE-HP has been the single most motivating, inspirational and rigorous professional learning of my career, taking me from a teaching perspective to a student learning perspective. My university experience offered little in comparison to the professional experience I have gained through CPE-HP.”*



CPE-HP is a member of the **California Subject Matter Project (CSMP)**, a network of nine discipline-specific projects administered by the University of California Office of the President (UCOP) that provide high-quality professional learning for PK–12 teachers throughout California. Each project is represented statewide by regional sites on the campuses of UC, California State University and independent colleges and universities. For more information about CSMP, please visit [csmp.online](http://csmp.online).